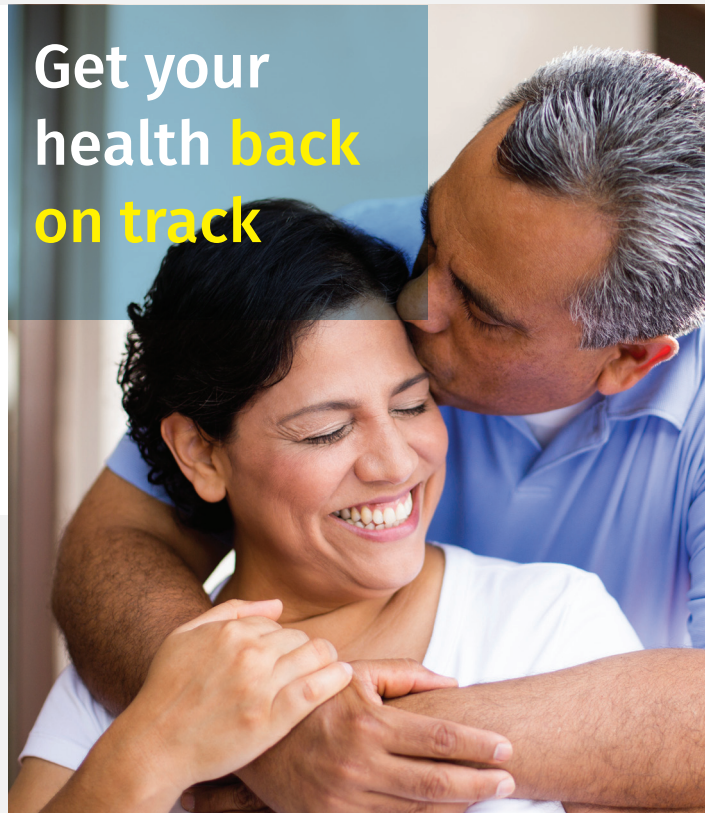# Who can APPLY?

- People who don't have health care coverage and are not eligible for Medi-Cal or Covered California
- People are welcome to apply regardless of immigration status
- People who meet certain income and age requirements
- People who live in Los Angeles County

Find a clinic near you to APPLY TODAY!

Get your health back on track

- Do you have the health care you need?
- Do you need to see a doctor?
- Have you delayed getting medical care?

If you answered yes to any of these questions, contact us today at MHLA Member Services (844) 744-6452

MY HEALTH LA

Health Care at no cost to you and your family
Funded by Los Angeles County

my health la

COUNTY OF LOS ANGELES · CALIFORNIA

What is MY HEALTH LA?

My Health LA is a Los Angeles County program that provides health care at no cost to low-income individuals who don't have health coverage and are not eligible for Medi-Cal or Covered California.

WHAT TYPE OF HEALTH CARE CAN I GET?

You can receive the following services AT NO COST at your local community clinic:

- Routine treatment of illnesses
- Prevention of illnesses
- Testing for health issues
- Specialized care*
- Medicine with doctor's note
- Limited dental care**
- Emergency room
- Urgent care
- Services while hospitalized

DO I NEED TO GO TO AN EMERGENCY ROOM TO BE TREATED FOR ILLNESSES?

No. Our program allows you to see a regular doctor to take care of your medical needs. You will no longer have to go to an emergency room for your routine medical needs.

* Some specialized care may be provided at DHS facilities.

**Dental care is not a benefit of this program but some clinics may provide it.

Does your IMMIGRATION STATUS matter?

You are welcome to apply regardless of immigration status and you should apply if you don't have health care coverage and are not eligible for Medi-Cal or Covered California.

The clinics that serve you and Los Angeles County Department of Health Services will NOT share your personal information to immigration authorities.

Being part of My Health LA will NOT affect your immigration status. All information will be confidential.

Meet Carmen, My Health LA recipient

Carmen is one of 120,000 people in Los Angeles County who are part of this program.

Carmen is an undocumented housekeeper and *promotora* (community health advocate) who came to the U.S. 14 years ago. Before My Health LA, Carmen never went to the doctor to prevent illnesses but started going upon her mother's suggestion. At first, Carmen was worried she may be deported if she went to a hospital to get medical care. However, her mother who went to Clinica Romero assured her that she could trust the clinic. She is now an enrolled My Health LA patient.

"I have high blood pressure and through MHLA I've been able to get quality care. I want more people to benefit from this program, regardless of their immigration status or economic background."

–Carmen, 57

CONTACT US AT MHLA MEMBER SERVICES (844) 744-6452 TO APPLY TODAY.